

# ALLERGY, ASTHMA AND IMMUNOLOGY CENTER – NEW PATIENT QUESTIONNAIRE

www.allergyaic.com

PATIENT NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ DOB: \_\_\_\_\_

REFERRING PROVIDER: (if any) \_\_\_\_\_ REFERRING TELEPHONE: \_\_\_\_\_

PRIMARY CARE PHYSICIAN: \_\_\_\_\_ PCP TELEPHONE: \_\_\_\_\_

PHARMACY: (Please list pharmacy name and location) \_\_\_\_\_

WHO COMPLETED THIS QUESTIONNAIRE: (if other than patient) \_\_\_\_\_

HOW DID YOU HEAR ABOUT OUR OFFICE? \_\_\_\_\_

CHIEF COMPLAINT(s): (Describe the reason for your visit and what problems or symptoms you are having)

WHEN DID SYMPTOMS BEGIN: \_\_\_\_\_

HOW OFTEN DO THEY OCCUR: \_\_\_\_\_

DOES ANYTHING MAKE SYMPTOMS BETTER: \_\_\_\_\_

## **ALLERGIC HISTORY:**

Please mark any that apply to you.  
This information is so that we can  
understand why you came to see us.

### **NOSE**

- ☐ Itchy Nose
- ☐ Sneezing
- ☐ Runny Nose
- ☐ Stuffy
- ☐ Nose/Congestion
- ☐ Decreased Smell
- ☐ Post-nasal Drainage
- ☐ Sinus Infection

### **EARS**

- ☐ Itchy Ears
- ☐ Blocked Ears

### **THROAT**

- ☐ Sore Throat
- ☐ Hoarseness

### **CHEST**

- ☐ Wheeze
- ☐ Shortness of Breath
- ☐ Chest Tightness
- ☐ Chest Cough

### **GI**

- ☐ Reflux
- ☐ Heartburn

### **EYES**

- ☐ Itchy Eyes
- ☐ Watery Eyes
- ☐ Red Eyes

### **SKIN**

- ☐ Hives
- ☐ Rash
- ☐ Eczema
- ☐ Itching
- ☐ Swelling

## **HEADACHE:**

Do you have headaches associated with your nasal & sinus symptoms? ( ) Yes ( ) No  
Do you have a history of migraines? ( ) Yes ( ) No

## **FOOD REACTION:**

Please list any adverse reactions you have had to foods:

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## **INSECT REACTION:**

Please list any adverse reactions you have had to insects:

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## **FOR PROVIDER USE ONLY:**

**AGGRAVATING FACTORS***Please mark any factors that cause an increase in your symptoms:*

\_\_\_\_ Mowed Grass \_\_\_\_ Hay/Dead Leaves \_\_\_\_ Paint \_\_\_\_ Detergents \_\_\_\_ House Dust \_\_\_\_ Pollen \_\_\_\_ Perfumes

\_\_\_\_ Windy Days \_\_\_\_ Cats \_\_\_\_ Smoke \_\_\_\_ Fumes \_\_\_\_ Cold Fronts \_\_\_\_ Dogs \_\_\_\_ Outside Dust

\_\_\_\_ Hairspray \_\_\_\_ Damp Weather \_\_\_\_ Moldy/Musty Places \_\_\_\_ Odors \_\_\_\_ Soaps \_\_\_\_ Temperature Changes

**NONE OF THE ABOVE:** \_\_\_\_\_

Do you experience allergy symptoms seasonally or year-round? ( ) Seasonally ( ) Year round

If seasonally, please mark all that apply: ( ) Spring ( ) Summer ( ) Fall/Autumn ( ) Winter

**TICKS**

Have you ever been bitten by a tick? ( ) Yes ( ) No If so, when? \_\_\_\_\_

Do you spend a lot of time outdoors? ( ) Yes ( ) No

**STEROIDS**

Have you received a steroid injection in the last six months? ( ) Yes ( ) No If so, when? \_\_\_\_\_

Why did you receive a steroid injection? \_\_\_\_\_

**ENVIRONMENTAL FACTORS:**

What is the age of your home? ( ) 0 – 10 years ( ) 11 – 15 years ( ) 16 – 20 years ( ) More than 20 years

How long have you lived at current residence? ( ) 1 year or less ( ) 1 – 5 years ( ) 6 – 10 years ( ) over 10 years

What type of heating/cooling system? Mark all that apply:

\_\_\_\_ Central/Forced Air \_\_\_\_ Radiant Heat \_\_\_\_ Ceiling Fan \_\_\_\_ Window Units

\_\_\_\_ Wood Burning \_\_\_\_ Gas \_\_\_\_ Electric \_\_\_\_ Oil/Kerosene

Please mark any of the following that are present in the patient bedroom:

\_\_\_\_ Feather Products on Bed \_\_\_\_ Sleep with Stuffed Animals \_\_\_\_ Carpet \_\_\_\_ Hardwood

**PETS:**

If you have pets, what kind? Indoor: \_\_\_\_\_

Outdoor: \_\_\_\_\_

Do your pets sleep in bed with you? ( ) Yes ( ) No

**PREVIOUS ALLERGY EVALUATION:**

Have you seen an allergist before? ( ) Yes ( ) No If so, when? \_\_\_\_\_

Have you been skin tested? ( ) Yes ( ) No

Have you ever been on allergy shots? ( ) Yes ( ) No If so, are you still taking them? ( ) Yes ( ) No

If so, approximately how long did you take them? \_\_\_\_\_ When did you quit? \_\_\_\_\_

**CURRENT MEDICATIONS:**Please list all current **ALLERGY & ASTHMA** medications you are taking regularly to relieve your allergy symptoms:

| Medication | Strength | How Taking: | Reason Taking/Diagnosis: |
|------------|----------|-------------|--------------------------|
| _____      | _____    | _____       | _____                    |
| _____      | _____    | _____       | _____                    |
| _____      | _____    | _____       | _____                    |
| _____      | _____    | _____       | _____                    |
| _____      | _____    | _____       | _____                    |
| _____      | _____    | _____       | _____                    |

Please list all **OTHER** medications you are taking:

| Medication | Strength | How Taking: | Reason Taking/Diagnosis: |
|------------|----------|-------------|--------------------------|
| _____      | _____    | _____       | _____                    |
| _____      | _____    | _____       | _____                    |
| _____      | _____    | _____       | _____                    |
| _____      | _____    | _____       | _____                    |
| _____      | _____    | _____       | _____                    |
| _____      | _____    | _____       | _____                    |

\_\_\_\_ Medication List Attached (See list)

List all medications or supplements you take occasionally, including dose (e.g., Tylenol, sleeping pill, etc.): \_\_\_\_\_

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**DRUG ALLERGIES:**

Please list all medications to which you are allergic:

|             |                 |
|-------------|-----------------|
| Drug: _____ | Reaction: _____ |
| Drug: _____ | Reaction: _____ |
| Drug: _____ | Reaction: _____ |

\_\_\_\_ Others. (Please list the drug and reaction below.)

\_\_\_\_ No known drug allergies

**MEDICAL HISTORY:**

Please list all significant medical problems such as Diabetes, High Blood Pressure, Heart Disease, Stomach Ulcer, Glaucoma, Seizure Disorder, Thyroid Disease, etc.:

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**SURGICAL HISTORY & HOSPITALIZATIONS:**

Please list all hospitalizations and surgeries in order of most recent first:

Year

|          |       |
|----------|-------|
| 1. _____ | _____ |
| 2. _____ | _____ |
| 3. _____ | _____ |
| 4. _____ | _____ |
| 5. _____ | _____ |

**IMMUNIZATIONS:**

Have you been vaccinated against pneumonia? ( ) Yes ( ) No If yes, when: \_\_\_\_\_

Have you had a flu shot this year? ( ) Yes ( ) No If yes, when: \_\_\_\_\_

**FAMILY HISTORY:**

( ) Adopted/Family history is unknown.

Please mark any that apply to blood relatives.

|          | Hay Fever | Asthma | Sinus Problems | Immune Deficiency | Cystic Fibrosis | Hives | Eczema | Food Allergy | Auto-immune Disease |
|----------|-----------|--------|----------------|-------------------|-----------------|-------|--------|--------------|---------------------|
| Father   | ( )       | ( )    | ( )            | ( )               | ( )             | ( )   | ( )    | ( )          | ( )                 |
| Mother   | ( )       | ( )    | ( )            | ( )               | ( )             | ( )   | ( )    | ( )          | ( )                 |
| Siblings | ( )       | ( )    | ( )            | ( )               | ( )             | ( )   | ( )    | ( )          | ( )                 |
| Children | ( )       | ( )    | ( )            | ( )               | ( )             | ( )   | ( )    | ( )          | ( )                 |
| Other    | ( )       | ( )    | ( )            | ( )               | ( )             | ( )   | ( )    | ( )          | ( )                 |

**SOCIAL HISTORY:**

How many people are living at home? \_\_\_\_\_

Marital Status (if patient minor/child, leave blank): \_\_\_\_\_

What are your favorite hobbies? \_\_\_\_\_

**Employment:**

Where are you employed (or attend school)? \_\_\_\_\_

Job description? \_\_\_\_\_

Does anything at work or school bother your allergies? \_\_\_\_\_

Number of days missed from work/school per year because of allergy, sinus or asthma problems? \_\_\_\_\_

If patient is a child, does he/she attend day care? \_\_\_\_\_

If yes, how many days per week? \_\_\_\_\_

**TOBACCO USE / EXPOSURE:**

Indicate any that are true for the patient:

\_\_\_\_ Current Smoker \_\_\_\_ Former Smoker \_\_\_\_ Nonsmoker \_\_\_\_ Uses Vape \_\_\_\_ Uses smokeless tobacco or nicotine patches

\_\_\_\_ Smokers/Vapers in the home (smoke indoors) \_\_\_\_ Smokes in car or parent smokes in car \_\_\_\_ Chews Tobacco

If current or former smoker, please complete next section:

How many years have you smoked? \_\_\_\_\_

How many packs per day? \_\_\_\_\_

Have you ever quit as long as 6 months? (please explain) \_\_\_\_\_

If you have smoked in the past, what year did you stop smoking? \_\_\_\_\_

How many years did you smoke and how much? \_\_\_\_\_