

PLEASE READ IMMEDIATELY

Seven-day Medicine Restriction Prior to Skin Testing/First Visit

To achieve accurate skin test results, you must **avoid certain medications for 7 days**; otherwise, we will not be able to determine your allergens accurately and will have to reschedule your appointment.

DO NOT TAKE THE FOLLOWING MEDICATIONS FOR 7 DAYS PRIOR TO YOUR SKIN TESTING OR FIRST APPOINTMENT. If you have any questions or if you cannot safely avoid these medicines for the seven-day duration, please contact us as soon as possible.

DRUG NAME	GENERIC NAME
Alavert/Claritin/Claritin D/Clarinet	Loratadine
Allegra/Allegra D	Fexofenadine
Atarax/Vistaril	Hydroxyzine
Doxepin	Sinequan
Zyrtec/Zyrtec D/Xyzal	Cetirizine/Levocetirizine
Antivert	Meclizine
Astelin Nasal Spray	Azelastine
Axid	Nizatidine
Brovex	Brompheniramine
Dymista	Azelastine/Fluticasone
Ryaltris	Olapatadine/Mometasone
Patanase	Olopatadine
Pediox	Carbinoxamine
Periactin	Cyproheptadine
Pepcid	Famotidine
Phenergan	Promethazine
Tavist	Clemastine
Tagamet	Cimetidine
Allergy/Antihistamine Eye Drops: prescription or over-the counter, i.e., Visine A, Naphcon A, Optivar, Elestat, Patanol	
All over-the-counter antihistamines, cough, cold and sleep medication, i.e. Tylenol P.M., Advil P.M., Benadryl, Zantac	



Questions or concerns? Please call our office:

866-983-2242